

**Middle School Physical Education**Extra Credit Assignment Options

The following assignments MUST be turned in to your PE instructor via Google Docs or through email **as an attachment**. Please label your documents as FirstNameLastNameD.a.t.e. – example: KatieSzymczak12.19.14

**Option #1 – Research Paper**

* Select a topic related to PE that you will research (approve it with your PE teacher ahead of time)
  + Use only 12 point font
  + Double spaced
  + 1 inch margins
  + Minimum of 1 page (including an introduction, body, and conclusion)
    - **Introduction** – explanation of why you are choosing the topic that you are researching. Please make sure you use a topic sentence, ie. *I have chosen to research childhood obesity because….*
    - **Body** – Details of topic, for example the history, rules, strategies of a game, and how the topic pertains to your everyday life.
    - **Conclusion** – Recap of main points, what you can do to improve upon your knowledge and skills in this area.

**Option #2 – Media Presentation**

* Select a topic that applies to Health and/or Physical Education and create a media presentation (ie. PowerPoint, iMovie, podcast, etc.)
  + Minimum of 10 slides not including the introduction and references used
  + Each slide must include at least one fact, an example of how the fact is or can be included in your everyday life, and one graphic
  + Be creative and use color!!!
  + Be sure to reference (copy the url link – www. for each reference). Don’t copy someone else’s work and take credit for it!

**Option #3 – Current Events Related to Physical Education, Health, or Wellness**

* Current events must be dated within the past 6 months
* Articles and website must be handed in with the write up
  + Write up can be done in a typed paragraph form or through a media presentation
  + Current events must be from a credible source – not just someone’s personal blog.
  + Can use magazines, newspapers, journals, etc.
  + If using the typed paragraph format follow the following format: 12 point font, double spaced, one inch margins, and a minimum of one page. An introduction, body, and conclusion should be present in the paper.

**Assessment of Your Extra Credit Project**

* Each project can be worth up to 10 points
* Students with a 90% or better are not eligible for extra credit.
* All extra credit assignments are due anytime before the last week of each quarter for quarter credit. Those final weeks are: October 13-16, December 15-18, March 9-12, and May 11-15.
* It is the responsibility of students to take of their own Extra Credit. The teachers will NOT track students down to make up points.

**Grading Rubrics**

**Typed Paragraph Format (Option #1 and possibly #3)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **3 Points** | **2 Points** | **1 Point** | **0 Points** |
| **Document Setup** | * 12 point font * Double-spaced * 1 inch margins * Min. 1 page | * Wrong sized font, spacing, margins * At least 1 page | * ½ to ¾ of page filled | * No more than a ½ page written |
| **Written Information** | * Intro, Body, and Conclusion present * Information pertains to topic * References are cited | * Intro, Body, and Conclusion present * Information pertains to topic * Missing references | * No organization of paragraphs * Information does not pertain to topic * No references | * Lack of understanding in written material |
| **Topic Reason** | * The reason the topic was chosen was explained | * Topic was stated but not explained | * Missing the topic sentence | * No reason for picking the topic |
| **Correct Document Label** |  |  | * FirstNameLastNameD.a.t.e Example: KatieSzymczak12.19.14 | * Incorrect Label |

**Media Presentation Format (Option #2 and possibly #3)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **3 Points** | **2 Points** | **1 Point** | **0 Points** |
| **Document Setup** | * 10 slide minimum (not counting intro and references) * Each slide contains a fact, example, and picture | * Less than 10 slides * Missing facts, examples and pictures | * Less than 5 slides * Very little facts, examples, and pictures | * Less than 3 slides |
| **Written Information** | * Information pertains to topic * References are cited * Creative and colored! | * Information pertains to topic * Missing references * Some creativity and color | * Information does not pertain to topic * No references * Not creative or colored. | * Lack of understanding in written material |
| **Topic Reason** | * The reason the topic was chosen was explained | * Topic was stated but not explained | * Missing the topic sentence | * No reason for picking the topic |
| **Correct Document Label** |  |  | * FirstNameLastNameD.a.t.e Example: KatieSzymczak12.19.14 | * Incorrect Label |

***Maximum of 10 points per extra credit project!***