

**Middle School Physical Education**Extra Credit Assignment Options

The following assignments MUST be turned in to your PE instructor via Google Docs or through email **as an attachment**. Please label your documents as FirstNameLastNameD.a.t.e. – example: KatieSzymczak12.19.14

**Option #1 – Research Paper**

* Select a topic related to PE that you will research (approve it with your PE teacher ahead of time)
	+ Use only 12 point font
	+ Double spaced
	+ 1 inch margins
	+ Minimum of 1 page (including an introduction, body, and conclusion)
		- **Introduction** – explanation of why you are choosing the topic that you are researching. Please make sure you use a topic sentence, ie. *I have chosen to research childhood obesity because….*
		- **Body** – Details of topic, for example the history, rules, strategies of a game, and how the topic pertains to your everyday life.
		- **Conclusion** – Recap of main points, what you can do to improve upon your knowledge and skills in this area.

**Option #2 – Media Presentation**

* Select a topic that applies to Health and/or Physical Education and create a media presentation (ie. PowerPoint, iMovie, podcast, etc.)
	+ Minimum of 10 slides not including the introduction and references used
	+ Each slide must include at least one fact, an example of how the fact is or can be included in your everyday life, and one graphic
	+ Be creative and use color!!!
	+ Be sure to reference (copy the url link – www. for each reference). Don’t copy someone else’s work and take credit for it!

**Option #3 – Current Events Related to Physical Education, Health, or Wellness**

* Current events must be dated within the past 6 months
* Articles and website must be handed in with the write up
	+ Write up can be done in a typed paragraph form or through a media presentation
	+ Current events must be from a credible source – not just someone’s personal blog.
	+ Can use magazines, newspapers, journals, etc.
	+ If using the typed paragraph format follow the following format: 12 point font, double spaced, one inch margins, and a minimum of one page. An introduction, body, and conclusion should be present in the paper.

**Assessment of Your Extra Credit Project**

* Each project can be worth up to 10 points
* Students with a 90% or better are not eligible for extra credit.
* All extra credit assignments are due anytime before the last week of each quarter for quarter credit. Those final weeks are: October 13-16, December 15-18, March 9-12, and May 11-15.
* It is the responsibility of students to take of their own Extra Credit. The teachers will NOT track students down to make up points.

**Grading Rubrics**

**Typed Paragraph Format (Option #1 and possibly #3)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **3 Points** | **2 Points** | **1 Point** | **0 Points** |
| **Document Setup** | * 12 point font
* Double-spaced
* 1 inch margins
* Min. 1 page
 | * Wrong sized font, spacing, margins
* At least 1 page
 | * ½ to ¾ of page filled
 | * No more than a ½ page written
 |
| **Written Information** | * Intro, Body, and Conclusion present
* Information pertains to topic
* References are cited
 | * Intro, Body, and Conclusion present
* Information pertains to topic
* Missing references
 | * No organization of paragraphs
* Information does not pertain to topic
* No references
 | * Lack of understanding in written material
 |
| **Topic Reason** | * The reason the topic was chosen was explained
 | * Topic was stated but not explained
 | * Missing the topic sentence
 | * No reason for picking the topic
 |
| **Correct Document Label** |  |  | * FirstNameLastNameD.a.t.e Example: KatieSzymczak12.19.14
 | * Incorrect Label
 |

**Media Presentation Format (Option #2 and possibly #3)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **3 Points** | **2 Points** | **1 Point** | **0 Points** |
| **Document Setup** | * 10 slide minimum (not counting intro and references)
* Each slide contains a fact, example, and picture
 | * Less than 10 slides
* Missing facts, examples and pictures
 | * Less than 5 slides
* Very little facts, examples, and pictures
 | * Less than 3 slides
 |
| **Written Information** | * Information pertains to topic
* References are cited
* Creative and colored!
 | * Information pertains to topic
* Missing references
* Some creativity and color
 | * Information does not pertain to topic
* No references
* Not creative or colored.
 | * Lack of understanding in written material
 |
| **Topic Reason** | * The reason the topic was chosen was explained
 | * Topic was stated but not explained
 | * Missing the topic sentence
 | * No reason for picking the topic
 |
| **Correct Document Label** |  |  | * FirstNameLastNameD.a.t.e Example: KatieSzymczak12.19.14
 | * Incorrect Label
 |

***Maximum of 10 points per extra credit project!***